



Michigan League FOR Human Services

How to Contact Your Michigan Legislators

Senate

<http://senate.michigan.gov/>

Click on “**Find Your Senator**” on the left sidebar, and choose from the following options:

- **By Name/E-mail links** – This list includes activated email addresses that you can click on to email any senator. You can also click on a senator’s name to go to the person’s individual website.
- **By Name/Phone Numbers**
- **By Address** – This allows you to enter your address to find your senator and includes links to information about that person.
- **2003 Districts** – Shows a map of the Senate districts. This is another way to locate the name of your senator.

House of Representatives

<http://house.michigan.gov/>

Click on the “**Representatives**” tab at the top of the page, and choose from the following options:

- **Find a Representative** – This allows you to enter information to find your representative. A district map is also provided as well as other information.
- **List All Representatives** – This allows you to see a full listing which includes activated email addresses that you can click on to email any senator. You can also click on a senator’s name to go to the person’s individual website.

To Address Your Senator or Representative:

State Senator

The Honorable (full name)
Michigan Senate
State Capitol Building
P.O. Box 30036
Lansing, MI 48909-7536

Dear Senator (last name):

State Representative

The Honorable (full name)
Michigan House of Representatives
State Capitol Building
P.O. Box 30014
Lansing, MI 48909-7514

Dear Representative (last name):